



Bhutan

Land of The Thunder Dragon



ARCHERY HEAVEN

Cultural sightseeing & Archery

12 Nights in Bhutan

From USD \$2430 Per person

Reduced Price
For 2009

1371 Woggzin Lam . Thimphu . Bhutan

Tel: + 975 2 323 095 Fax: + 975 2 324 383 Cell: + 975 1711 1208

email: chris@khamsabhutan.co.uk www.khamsabhutan.co.uk



Bhutan was opened to tourism in 1974 with the government operating as the only agent, with tourism growing year on year, now Bhutan has become the most exclusive tour destination in the world. Khamrsa Bhutan Tours began operating in 2003 from a humble beginning, with our aims and goals achieved and maintained by our dedicated team, we are now very proud to provide a complete range of tours in Bhutan regardless of interest age or ability, Khamrsa Bhutan tours can cater for your needs. Our imaginative itineraries will take you to places of historical importance and scenic beauty. You will be visiting the massive Dzongs, sacred temples, picturesque villages and the museums. Our guides will be with you from breakfast to dinner, or as required by you and will take care of all requirements while in Bhutan.

BHUTAN HEADQUARTERS



Karma Gayley

Chief Executive officer

UK OFFICE

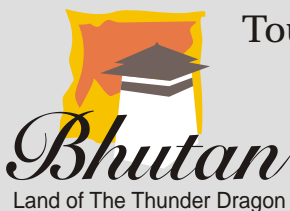


Khamrsa Tours now having opened the UK office to help you with your booking and offer advice on touring the region, visiting Bhutan has never been easier. Chris has many family members in Bhutan and has travelled Bhutan and the Himalayan region extensively. Feel free to

contact Chris at anytime for advice on travelling to Bhutan from the UK.

Chris Major

UK Office



Tourism Council of Bhutan

Government body overseeing all tourism activities in Bhutan.

Khamrsa Tours & Treks is licensed by the Tourism council of Bhutan which is the

Association of Bhutanese Tour Operators



Khamrsa Tours & Treks is a proud member of the Association of Bhutanese Tour Operators, ABTO, since its inception and is a very active member of the association.



Archery Heaven

Bhutan, the land of the thunder dragon also known as "The Last Shangrila" is a nation of archers with the passion for archery passed down from generation to generation. Bhutan protected by the massif of the Himalayas, is hidden between China and India. A land lost in time and steeped in tradition that's still waiting to be discovered by many. The Bhutanese are passionate about their national sport of archery. Most villages in the tiny Himalayan nation boast an archery range. Competitions are a wash with colour and excitement, comprising of two teams in national dress shooting at small wooden targets placed 140m apart, rather than the Olympic standard of 150m. The distance is so great that team members gather dangerously close to the target to shout back how good the archer's aim was. This is often accompanied by howls, chanting, shouts of encouragement and jokes. Members of the opposing team often shout back how terrible the archer's aim is and make taunting remarks. When an arrow hits the target, teammates perform a slow motion dance and sing the praises of the shooter, who tucks a colored scarf into his belt. For the larger tournaments the team brings its own cheerleading section of girls wearing their finest clothes. They perform dances in between play, and during the shooting they perform routines and shout lewd and disparaging comments about the opposing archer's parentage or sexual prowess. Tradition has it that women are not allowed to touch an archer's bow, and it is believed to decrease performance if an archer sleeps with a woman the night before a contest. The traditional Bhutanese archery equipment is a long bamboo bow. Most archers nowadays use a state-of-the-art imported equipment but that hasn't diluted the rich traditions of the game, although Bhutanese archers are now encouraged to train for



Bhutan

Land of The Thunder Dragon



the Olympics. International coaches who have trained Bhutan's Olympic archers have been impressed with the natural talent and think that, with expert coaching, Bhutan could possibly win an Olympic medal one day. Archery matches are among the most picturesque and colourful events you'll find here and well worth a visit. There are formal competitions on many weekends, and archers practise most after-noons and weekends when there is no competition. It's easy to find a session to watch all over the country. Khamsa Tours based in Bhutan are now offering fantastic archery based holidays where you can play both traditional and Olympic games. The trips have been designed to bring you face to face with the fascinating people of Bhutan, who are fanatical about archery. We have created itineraries that allow you to enjoy a cultural based sightseeing tour with an archery theme, the trips can be customised to suit any budget or duration for individuals, teams or groups. Fantastic all round fun and adventure, regarding equipment most people bring their own carbon bows with them, but Khamsa Tours do provide traditional equipment, and supply both bows and arrows.

Loved ones normally tag along and there is always plenty to do for them. The cultural sightseeing is fantastic and never ending. The amazing monasteries, Dzongs, architecture and scenery is unbelievable, the people are ever smiling and very friendly. So what are you waiting for?





Archery Heaven

12 nights in Bhutan



- Adventure
- Archery Practice
- Archery Contest
- Sightseeing
- Interaction with local people

The Khamsa Bhutan Archery Heaven Tour, will give you a glimpse into Archery that in Bhutan, is a way of life and not just a sport. We have created a very exiting itinerary that will give you 12 nights in Bhutan, coupled with cultural based sightseeing and of course Archery. Archery has always been a part of Bhutanese custom, be it as a weapon or for a game. Prior to the establishment of Monarchy in 1907, bows and arrows were used as a weapon during the conflicts among the different governors of the countries valleys. After 1907, Archery was played as a game and was adopted as the National Sport later, you will see how the people of Bhutan have made Archery a part of every day life. Archery has something to offer everyone regardless of age or ability, as a spectator or as a player, archery in Bhutan is always colourful and fun.

Day 1. DEPART LONDON

Depart London, fly to either to Bangkok, Calcutta, Delhi or Kathmandu to catch connection to Paro Bhutan. Airport layover.

Day 2. ARRIVE PARO

Fly into the mighty Himalayas with Druk Air, Bhutan's national carrier. The flight takes you from the plains of India through the Himalayan mountain ranges. You can see stunning snow capped mountains, including Mt. Everest, silvery rivers and pristine forest. After completing your visa formalities, your guide from Khamsa Tours, who will escort you throughout your adventure in Bhutan will greet you and drive you to the hotel. After lunch, you will explore the Paro town and archery range and see if any local people are playing. Evening to relax.



Day 3. PARO

After breakfast, drive to the archery range and practice for the morning. Lunch in town and then, visit the National Museum located on a promontory overlooking the valley. The building was formally a watchtower for the Paro Dzong and it was converted to the National Museum in 1968. The Museum has collections ranging from, sacred statues to weapons, textiles and bamboo products. Visit the historical Paro Ringpung Dzong built in 1651. The Dzong continues to house both the district administration and the district monk body. Walk down the stone path and cross a traditional bridge, you can get great picture of the Dzong, Museum and the bridge together .



Day 4. TAKTSANG HIKE AND ARCHERY PRACTICE

After breakfast, drive to the 7th century Kychu temple, this is one of the 108 temples built by the Tibetan King Songsten Gampo in order to spread Buddhism across the Himalayas. Drive further up the valley to Ramthangka and begin the hike to Taktsang monastery built on a huge cliff. Legend says that in the 8th century, Guru Rimpoche who is regarded as the second Buddha in the Himalayan Buddhism flew here riding on the back of a tigress, hence the name "Taktsang" meaning "Tiger's nest". This is one of the holiest sites for all Buddhists. The hike takes about 4 hours. After lunch at the Taktsang cafeteria, we hike back down to the vehicle. Drive to Drugyal to see the ruins of the famous Dzong. The Dzong was built in 1648 to commemorate victory of Bhutanese over the invading Tibetan army. In the late afternoon, drive to the archery range and for practice. (Optional).

Day 5. PARO - THIMPHU

After breakfast, drive through the beautiful valley to Thimphu, the capital city of Bhutan. The road to the capital takes you through picturesque hamlets, paddy farms, apple orchards and passing traditional houses. On the way visit the Bhutan's first Dzong built in 1629. Today this Dzong is a Buddhist college for the monks. On reaching Thimphu check in to the hotel. After lunch visit the Institute of Arts and Crafts where boys and girls are taught the 13 traditional arts like painting, weaving and carving. Visit the National Library where all old manuscripts are preserved. Visit the Folk heritage museum, which showcases artefacts and style of old living style. Visit the Zilukha nunnery and drive further up hill to the Takin (National Animal) sanctuary. Legend says that in the 15th century, the divine mad monk named Lama Drukpa Kinley created this animal from the mixture of a goat and cow. Drive to the view point of and enjoy the fantastic view of Thimphu city and the valley. Evening tea in the hotel and you are free to explore the city on your own.

Day 6. THIMPHU

After breakfast, drive to the archery ground and practice for the morning. Today will be our last practice session before we play against locals in Wangdi/Punakha in 2 days time. After lunch, visit the national memorial Stupa built in 1974 in memory of the late 3rd King. Visit the Changangkha temple, textile museum, Government Handicrafts Emporium and various town attractions.



Day 7. THIMPHU - PUNAKHA

After breakfast drive to Punakha over Dochula pass at 3,100 mts. On a clear day, you can see stunning white capped Bhutanese Himalayas, towards Tibet. The pass is decorated with 108 traditional Bhutanese stupas and colorful prayer flags. We then descend to Punakha, the old winter capital of Bhutan for lunch and check in to the hotel. Visit the spectacular dzong built in 1637, that is still used by the Central Monastic Body and the Chief Abbot of Bhutan as their winter residence. Visit the Khuru Temple and Stupa. Today's highlights will be breathtaking landscapes and the Punakha dzong which has the best woodwork architecture in Bhutan.



Day 8. PUNAKHA

After breakfast, drive to the village's archery ground where a local team will be waiting. After a few rounds of practice, the one day match will start. The match can be played against the locals or you can ask for equal division. The local spectators will be and no doubt offering advice. Lunch will be served at the archery ground, and it is normal for archers to drink alcohol all day. After the contest its back to the hotel for dinner and to relax for the evening while reflecting on the day.



Day 9. PUNAKHA - TRONGSA

After breakfast, drive to Wangdi and visit the dzong built in 1638, you can explore the the roadside town for a while. Drive up to Gangtey through the Sha valley. Gangtey is the only glacier valley and is home to the rare Black necked Cranes in winter. Visit the 17th century Monastery which is the largest privately owned monastery in Bhutan. Drive to Trongsa via Pelela Pass at 3,300 mts and through Sephu Valley. From the view point of Trongsa dzong, it looks very close but we still have to drive another 20 kms to get there.

Day 10. TRONGSA - BUMTHANG

After breakfast, visit the historical Trongsa dzong built in 1648. Trongsa is the ancestral home of the Royal Family. Visit the new Royal Museum and then drive to Bumthang via Yutongla pass at 3,400 mts, this is the highest pass on this tour. On the way at Chumey village, visit the yatha (sheep wool) weaving centre and explore the store. Drive to Bumthang for lunch and then visit the Jakar dzong, known as the castle of white birds, which was built in 1549. Late afternoon visit the archery ground for practice.

Day 11. BUMTHANG

After breakfast, visit the 7th century Jampey Lhakhang, Kurjey lhakhang where Guru Rimpoche left a body imprint on a rock, Tamshing Monastery and Kharsumkey. After lunch, drive to the archery ground for the contest that will be played between the locals and the guests. We will observe a strict code of national rules during this match. The locals will attend to watch the game. The match will end with a Tashi Labay dance!

Day 12. BUMTHANG - WANGDI

After breakfast, we bid farewell to Bumthang valley and drive back to Wangdi.

Day 13. WANGDI - THIMPHU - PARO

After breakfast, drive back to Paro with lunch option of either Thimphu or Dochula pass.

Day 14. PARO DEPARTURE

The Khamsa team will ensure that you have had a tour of a lifetime while in Bhutan, as we prepare you for your homeward flight and International connection. Your guide and driver will take you to Paro airport in plenty of time, so you can relax before your flight home. Normally a very emotional moment! Tashi Delek!

From the team here we would like to thank you for considering Khamsa Bhutan Tours and look forward to you joining us here in Bhutan. Tashi Delek!



Tour Registration

Tour		Tour Date	
-------------	--	------------------	--

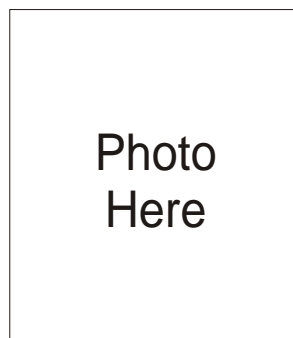
Name	
Address	
Post Code	

Tel Home	
Tel Work	
Tel Mobile	
Fax	
Email	

Details As Your Passport	
Title	
Surname	
Forename	
Nationality	
Passport Number	
Code of Issue	
Date of Issue	
Date of Expiry	
Date of Birth	
Place of Birth	
Profession	

Quick Check List	
Form Completed	
Passport Copy	
Terms Read & Signed	
Deposit Submitted*	

*Cheques payable to: *Himalayan Adventures.*



Khamza Use Only			
B F C		BV	
P C		IV	
L C		NV	
T R & S		TV	
D R		FB	
UK Confirmed:			





1. A booking will only be constituted by the return of a completed booking form accompanied by a remittance for the sum of £400 per person or the total cost of the holiday as advised by us. The balance of the holiday is required no later than 60 days before the commencement date of the tour. The company reserves the right to levy an administrative charge in respect of late bookings, should the balance not be paid by the due date. Khamsa reserves the right to cancel the reservation and no refund will be made.
2. All cancellations must be received IN WRITING at our office and will be effective from the date of RECEIPT of the cancellation letter. In this event, the following terms will apply. Bookings cancelled before the balance due date (60 days before tour date) the company will refund all sums paid less £400 minimum deposit paid. Any bookings cancelled more than 30 days before the commencement of the tour shall be entitled to return of 50% of the total holiday price (if paid) less the deposit and any bookings cancelled less than 30 days before commencement of the tour shall forfeit all sums paid. Exceptions to this policy will not be made for any reason. There is no refund for arriving late or leaving a tour early.
3. Cancellation of the tour. The company shall use its best endeavors to ensure that there are no cancellations but reserve the right to cancel the tour. In that event all sums paid by the prospective customer shall be refunded. It is understood that any event or act of war, civil or political unrest, flood, general act of God, or other force majeure shall constitute a sufficient reason for the company to cancel the tour. The company is not responsible for additional expenses incurred by you in preparing for the trip (e.g. non-refundable air tickets, visa fees if applicable, gear or medical expenses)
4. Price Guarantee. Prices stated in the Khamsa Tours and Treks website are per person. Prices do not include airfares unless stated. The information provided on the website attempts as far as possible to provide details of the tour, its duration, route, nature, details of accommodation and food. Further details will be provided as known to the company, but if the applicant becomes aware at any stage that the information does not coincide with the understanding of the position the onus will be upon the applicant to intimate their intention to cancel the booking in WRITING before the 30 days before the tour date.
5. Travelling as a single. Our prices are based on double occupancy. If you require a single room you will be charged a single supplement regardless of when you book. However due to some of the remote areas visited, single rooms are limited and therefore subject to availability. Single room supplement when available is to be confirmed.
6. Insurance. It is a condition of joining our tours, and is the responsibility of the applicant to ensure that they are adequately insured against medical and personal risks covering the tour, including repatriation, ambulance and air rescue and trip cancellation. Due to the nature of adventure touring you must make sure your insurer is aware of your activity.
7. Complaints. If during the tour, you have a complaint please discuss the matter immediately with the tour leader who will take the appropriate action. Should you be dissatisfied with the result and feel that it has severely affected your enjoyment of the tour please write to us at the Bhutan office within 28 days of your return. We will respond and endeavor to resolve the matter to our mutual satisfaction.
8. It is expressly confirmed that the company cannot accept responsibility for loss or injury to the applicant arising directly through failure by the applicant or of equipment provided. The company shall be responsible only in the event that the loss or injury to the applicant has been directly occasioned by an error by the company or on its behalf by its representative. You are recommended to insure yourself against any possible risk, which you may incur while on the trip. The company shall not be liable for damages in the event of cancellation of the tour in relation to any foregoing matter as specified herein. The Company reserves the right to alter the route as conditions prevail to accommodate changes in weather, terrain and physical condition of participants. The tour leader's decision is final.
9. By their acceptance hereof the applicant agrees and accepts that he has read and understood the terms of these booking conditions and agrees to be bound by them. The applicant also confirms that he considers himself medically fit to participate in the tour and that no warranty has been given by the company as to the medical condition of the applicant. Any information provided by the company in relation to travel details or requirements in respect of passports, visas, vaccinations or other which should be required for trips from the U.K. is provided on a voluntary basis and is not to be relied upon by the applicant.
10. Sight seeing/ historical sights. Entry to most of these is free while with the tour, however where you choose to visit yourself if a charge is applicable you are liable to pay.
11. Payment protection. The government of Bhutan in accordance with Bhutan tourism regulations holds all eligible payments until tours are complete.
12. It is the responsibility of all applicants to meet at the time and designated start point. Participants failing to connect with the courtesy vehicle are liable for their own expenses to catch up with the tour.
13. Delays in the Journey. We cannot be held responsible for any unforeseen delays in your flights prior to, during, or after the tour, either caused by weather or other unforeseen circumstances. In the event of a delay you will be responsible for providing your own meals and accommodation.
14. Khamsa Tours and Treks reserves the right to alter the itinerary at any time for the convenient operation of the tour, also to substitute hotels and resorts, date of departure or return, or withdraw the trip if deemed necessary at any time, for any reason.
15. Name Transfer. Transfer can take place no later than 30 days before tour date. After 30 days name transfer may not be possible. Name transfer will be subject to all administration fees. The fees will need to be confirmed depending on the tour booked.
16. Your tour booking is undertaken with Khamsa Tours and Treks, based and registered in the kingdom of Bhutan. All legal aspects will be dealt with in the High court, Thimphu Bhutan. Khamsa Tours and Treks, 1371 Wogzin Lam Thimphu Kingdom of Bhutan

Sign.....Print.....